**KENNEDY MIDDLE SCHOOL**

 **PHYSICAL EDUCATION**

**GENERAL ORGANIZATION**

1. **LOCKS AND LOCKERS**

* Locks will be issued by the school. Do not use your own lock.
* Students should use their individual assigned lock and locker and not share lockers or lock combinations.
* The big or tall locker is used during class only. The small locker is yours to use throughout the semester. A detention will be issued if your lock is left on a big or tall locker.
* Report any lock or locker trouble immediately to the teacher.
* Lock all valuables in your locked locker or your hall locker.

Be sure to lock your locker and turn the dial before leaving the locker room. There is a $5.00 replacement fee for a lost lock. Students are 100% responsible for gym locks.

* You are not to go into the locker room during any other class period or at lunchtime. The only time you can use the locker room is during your gym hour, before school, and after school. If you are in the locker room at any other time without permission an office detention will be given.
* Wait at the locker room door once you have changed into your school clothes. Do not leave the locker room early. The teacher will tell you when it is time to leave.

2. **GYM UNIFORM**

* A proper gym uniform consists of gym shoes, sweat socks, T-shirt, gym shorts and sweatshirts and sweatpants for cool weather.
* Students are not to wear their gym clothes to other classes.
* For hygienic reasons, students should not wear other student’s gym clothes or shoes.

3. **DISCIPLINE**

A discipline/parent notification slip will be sent home with the student after the following steps have been taken by the teacher:

1. Review class expectations and rules.
2. A warning for the specific behavior.
3. Separation from the group and write behavior paragraphs.

4. **CLASS REQUIREMENTS**

* Students are required to attend class, be prompt, and participate on a daily basis.
* A doctor’s note is required to be excused from class.
* Glass bottles and containers are not allowed in the locker room. No spray deodorant.
* Gum chewing is **NOT** allowed.
* Gym clothes should be taken home every Friday to be washed.
* Do not leave any part of the gym or locker room area without the teacher’s permission.
* Equipment is not to be used unless instructed to by the teacher. Any abuse of the equipment is a detention or possible suspension.
* Students are to enter and leave the gym only through the doors by the Industrial Arts hallway for the boys, and the Custodial Room for the girls.
* In case of injury, report it to your teacher immediately, regardless of how slight it may seem.
* If a student has a doctor’s note excusing them from class for more than two days, an alternate assignment will be given.
* No jewelry is allowed in class.
* A note home will not excuse students because of school dances, picture days, forgotten clothes or shoes, etc.
* After you have changed into gym clothes please sit in your attendance spot in the gym and do your stretches, sit-ups and push-ups.
* If you are in in-house suspension you must finish your assignment before you can participate in class.
* You must turn in your PE rules sheet signed by your parent or guardian before you can participate in class. The sheet must be turned in at the start of the trimester.
* If you misbehave for a substitute and get your name on the substitute list, you will receive two detentions and a writing assignment.
* No body sprays, perfumes, colognes, hair-spray or other sprays are allowed in the locker room.
* You must use solid or roll-on deodorant daily.

5. **GRADING**

* Grading will be based on 100 points or 100%. Each day student’s can earn 10 points.
* -5 points for not having the proper gym clothes
* -5 point for not participating, inappropriate behavior, effort or attitude.
* **Units**: Throughout the trimester the following units will be taught: flag football, soccer, softball, line soccer, whiffle ball, basketball, volleyball, floor hockey, fitness, golf, tennis and fitness testing. Skill tests, knowledge tests, projects and homework will be given.
* **Skills Tests**: There will be skills tests given to test each student on the skills taught and practiced during each unit.
* **Knowledge Tests**: There will be written tests given periodically to test the knowledge of certain rules and strategies as they pertain to this class.
* **Projects:** There will be a fitness project given that relates to the topics covered in class.

**Grading Scale**: 100% - 93% = A 86-83 = B 72 -70 = C-

* 1. A- 82-80 = B- 69-67 = D+

89-87 = B+ 79-77 =C+ 66-63 = D

 76-73 = C 62-60 = D-

6. **COURSE OUTLINE**

The following activities may be taught during the trimester (subject to change):

 **FALL WINTER SPRING**

Football Volleyball Softball

 Softball Floor Hockey Soccer

 Soccer Basketball Tennis

 Basketball Fitness Testing Golf

 Fitness Testing Line Soccer Fitness Testing